



# Making a Difference

## Brown County 4-H & Youth Development

### Participation

- 2022 – 2023 4-H year we enrolled **246** members.
- We have reached over **2325** youth this past year with Outreach programs.

### Volunteers Hours

- Brown County 4-H volunteers (**108**) have contributed over **3,780 hours** of their time this past year, an estimated **\$102,816** donation of time to the program.

### Outreach Programs

- **Hatching in the Classroom (Ag Awareness/Literacy)** – **640** youth in Brown County schools.
- **Making A Healthier Me** – Coggin Elementary committed to supporting and promoting health & wellness. **192** students participated. Team effort: Courtney Parrott and Wendy Hamilton
  - Topics:
 

• Hydration	• Hand Washing
• MyPlate	• Brushing Teeth
• Eating Fruits & Veggies	• Bicycle Safety
• Physical Activity	• Sleep

### New/Traditional Programs

- **Livestock Education – Path to the Plate:** The goal of Livestock Education program is to explore “Path to the Plate” for beef, pork, and sheep/goat industry. This program gives youth (9<sup>th</sup> – 12<sup>th</sup> grade) an opportunity to learn how the product is produced and processed. Youth participants will explore:
  - Livestock Production (Youth will learn about livestock operations)
  - Livestock Selection (Youth will learn about selection of market & breeding livestock)
  - Livestock Harvesting (Youth will learn how livestock animals are harvested)
  - Getting to know the Cuts (Youth will learn what the cuts of meat are)
  - Grilling 101 (Youth will learn how to grill/barbecue)

*Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, sex, religion, national origin, age, disability, genetic information, or veteran status. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating*

December 18, 2023  
(Exhibit # 6)

- **Food & Nutrition Projects** - The goal of implementing 4-H Food & Nutrition projects is to give youth an opportunity for increasing knowledge related to foods and nutrition and being able to apply the knowledge and skills gained through project experiences. This year we implemented this in Brownwood Middle School to assist with gaining more non-traditional 4-H members.
  - 29 participants
  - 100% of youth participants adopted at least one behavior change.
  
- **Robotics:** Robots are all around us. From the food we eat to the cars we drive, robots help make our lives easier and more efficient. The field of robotics is expanding at a rapid pace, and Brown County 4-H is poised to help lead young people into this exciting field. In the 4-H robotics project, youth will learn about the interconnections of science, engineering, and technology. We have **3 teams (9 youth)** that are participating in this project.
  
- **LIFE 101** - This is a program that focuses on filling in the missing pieces and assisting with the strategies to successfully launch into adulthood. Sessions/topics will be taught by local banks, Farm Bureau, car dealerships, and community leaders.

Topics: Managing Money, Banking, Budgeting – and what the heck that all means, Credit Card interest rates and how it all works, how to avoid credit card debt, What is a credit score is and how to manage it? The true cost of transportation and how to control costs, How to avoid financial traps, Financial aid and student loans, Interviewing skills and how to land a job, Etiquette and Dressing for Success

- 9<sup>th</sup> to 12<sup>th</sup> grade
- Brookesmith ISD

### **Goals for 2023 – 2024**

- Increase membership.
- Increase our volunteer numbers.
- Continue to reach new audiences in Brown County to ensure growth of our program.
- The program will address the following identified issues.
  - 4-H Retention & Participation
  - College & Career Prep
  - Engaging Youth Through Diversified Projects
  - Educating Youth on Basic Life Skills